



Christy Mattoon

Subconscious Expert, Speaker & Author

My mission is to teach you how to clear your subconscious mind and set it to default to things that empower you and allow exponential growth and health so that you can enjoy and live a life that is all yours.

I want you to see growth, change and be efficient at a process that will allow you new potential and give you a whole new life.." ~Christy Mattoon

Change Your Subconscious Mind to Change Your Life!

Speaking Topics

Subconscious Mind by Design

By using a whole brain state we can release and change thoughts beliefs or even memories that lock you out of your life. Easy to learn, easy to use- keep subconscious issues out and daily stress down. Learn to reset the language of your body as you teach it how to feel differently so that you can become the person you want to be. You design your life instead of your past designing you

Releasing Subconscious Stress

Change your life by changing your subconscious mind to default to thoughts and ideas that work for you and bring you into alignment with your goals and purpose. My technique Mind Rewire is fast and effective and part of your physiology. A release technique you should have known your whole life. Program your life, stop living the program...

Recovery from Autoimmune Illness

Autoimmune disease is at an all-time high and are people are seeking solutions and ideas that will heal their body and not add more medication, chemicals, and unnecessary stress. This is how You can do what I did and begin a process to heal your body with food and techniques to change subconscious stress and mindset issues concerning illness.

Subconscious Change Strategy

Your brain is a powerful tool. It can help you become everything you want. Sometimes, though, your subconscious mind gets in your way...

My mission is to teach people how easy it is to change their subconscious mind. You can rewire your mind and structure your thinking to work for you, not against you. I will give you a quick, easy, effective strategy that you can become self-sufficient at using. You become the co-author of your life and create what you want when your subconscious mind isn't getting you stuck or taking you down old pathways that lead nowhere.

You already have everything you need to heal your mind and your body, It's part of your physiology. Your brain is a powerful tool.

Subconscious change is EASY - change doesn't have to be hard!

Certifications

CEP- Comprehensive Energy Psychology

NASM- CPT, CES, Specialist in Nutrition

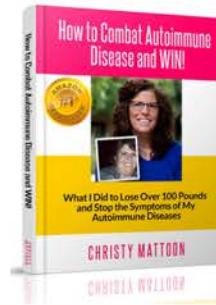
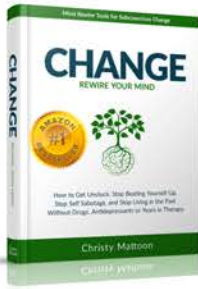
PSYCH-K® Facilitator Basic, Advanced, Pro

Neurokinetic Therapy® Practitioner

MindRewire.com

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Local in the San Francisco Bay Area
& Available for Travel Nationwide



Two Time Amazon Best Selling Author

Testimonials

The Perfect Tool to Bridge the Gap....

I have found Mind Rewire and Christy to be the perfect tools to bridge the gap between where I am and where I want to be. I have struggled with low self-value and the symptoms of a broken heart for as long as I can remember. I am being honest when I say that Mind Rewire is the modality that finally worked to restore a sense of value and belonging. I can see the fruit in the decisions I am now making. My life is forever changed for the better and I am forever grateful for this modality and for her. ~Nichole King

Allows me to function...

The work I have done with Christy allows me to function in this world. I have been able to use the tools daily that I learned with her. I feel like they have allowed me to grow and learn more about myself. Because of this I can now take ownership of my life; I can accept the good and bad parts and have learned I have the power to change what I don't want. When the bad comes, I don't live in fear anymore. I am able to live my life with joy now! I still use the tools and hear myself repeating the phrases she would use. ~Emily Arkansas

Success Eliminating Negative Thoughts

"I must say that the technique has been successful in eliminating negative thoughts as well as sleep disturbances. I wouldn't have believed it if I didn't experience it. Christy is professional yet very easy to talk with, she moved me through the technique at my pace. Clearer thinking. Less dwelling on negativity. More fluid thinking. And an increased ability to let things go. I also noticed that I'm less attached to labeling myself as something, but instead as a person who chooses to do something, which is freeing." ~ Lawrence, UK.

Book Christy as a Keynote Speaker for Your Event!

Christy is sought out for speaking engagements that focus on women in business, entrepreneurship, mindset, personal development, networking and alternative health.

She has been a keynote speaker at NASDAQ in April 2018 and the Harvard Club as well as at women's organizations, health trade shows, networking events, entrepreneur conferences, workshops, and retreats.

Christy also can tailor-make a talk customized to your audience no matter how large or small.

To book Christy as a speaker for your upcoming event email her at Christy@mindrewire.com.

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